

# January 2019

**Hot Lunch: \$4.50 includes entree & salad bar**

**Salad Bar: Included daily with hot or cold lunch. Available to students who pack lunch for \$2.50**

**Deli Sandwich(Low Sodium): Oven roasted turkey or ham on whole wheat bread, topped with lettuce, tomato, mayo or mustard and salad bar included for \$3.50**

**Drinks: 2% milk, juice or bottled water are available for \$.50**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
	No School	No School	Hot Dog on a Bun Baked Beans French Fries	Baked Potato All the Toppings	BBQ Chicken Legs Parsley Egg Noodles Applesauce Corn Bread	
6	7	8	9	10	11	12
	Grilled Cheese Tomato Soup	Cheeseburger Pickles Chips	Pancakes & Bacon Orange Slices	Penne Pasta Meatballs Garlic Bread	Half Day Dismissal If your child is staying for Aftercare please pack lunch	
13	14	15	16	17	18	19
	Hot Dog on a Bun Baked Beans Tater Tots	Meatloaf Mashed Potatoes Carrots/Corn	Pizza Orange Slices	Sub Sale Order Form in VCE No Same Day Orders	Chicken Tenders Tater Tots String Beans	
20	21	22	23	24	25	26
	No School	Breaded Chicken Breast White Rice Green Beans	Meatball on a Roll Italian Pasta Salad	Chicken Quesadilla Salsa & Sour Cream Applesauce	Baked Macaroni & Cheese Stewed Tomatoes	
27	28	29	30	31		
	Grilled Cheese Beef Barley Soup	Grilled Chicken Caesar Garlic Bread	Homemade Beef-a- Roni Garlic Bread	Baked Potato All the Toppings		

## DATES TO REMEMBER

Please refer to the monthly calendar on the home page of the ECA website for a complete listing of events and updates

**January 2**  
School Resumes

**January 8**  
4<sup>th</sup> Gr. Bake Sale(treats avail for .25)

**January 11**  
Half Day/ \$5 child Dress Down

**January 15**  
PK4A Bake Sale (treats avail for .25)

**January 17**  
Sub Sale

**January 21**  
No School