

# Summer Food Menu

## Meals for Weeks: 1, 3, 5, 7

### Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Juice/Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Bread/Alternate	Frosty Flakes Cold Cereal	Apple Cinn Muffin	Tooty Fruity Cereal	Blueberry Muffin	Golden Grahams Cereal
Milk	2% White Milk	2% White Milk	2% White Milk	2% White Milk	2% White Milk

### Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Alternate	UNCRUSTABLE	HAM & CHEESE	TURKEY HAM & CHEESE	Salami, HAM & Cheese	TURKEY & CHEESE
Bread	White	BUN	Wheat	BUN	Wheat
Juice/Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Fruit/Veg	Apple Wedges	Mixed Fruit	Applesauce	Mini Carrots	Peaches
Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk
	1 oz String Cheese				

## Meals for Weeks: 2, 4, 6, 8

### Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Juice/Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Bread/Alternate	Tooty Fruity Cereal	Blueberry Muffin	Honey Nut Cheerios	Apple Cinn Muffin	Frosty Flakes Cereal
Milk	2% White Milk	2% White Milk	2% White Milk	2% White Milk	2% White Milk

### Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Alternate	UNCRUSTABLE	TURKEY & CHEESE	TURKEY HAM & CHEESE	HAM & CHEESE	HOAGIE
Bread	White	White	White	Wheat	Bun
Juice/Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Fruit/Veg	Applesauce	Peaches	Apple Wedges	Mini Carrots	Applesauce
Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk	2% Chocolate Milk
	1 oz String Cheese				